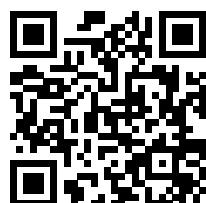




SoulShift - Educational Q&A Platform

General Questions

Practice Questions



Q1. Which vitamin is synthesized in the skin upon exposure to sunlight?

- A. Vitamin A
- B. Vitamin B12
- C. Vitamin D
- D. Vitamin K

Solution: Vitamin D is synthesized in the skin when it is exposed to ultraviolet (UV) rays from sunlight.



